EASTER SPECIAL!

In honor of Easter Weekend, we are asking our U5-U6 players to learn and practice the Bunny Hop Soccer Trick (Blanco Hop)

(Vide​o Here)

Please send in your videos to our social media team!

Recap….

Activity 1: Practice what you’ve learnt so far!

- Jumping Jacks Alphabet (Video Here)
- High Knees (Video Here)

Activity 2: Practice what you’ve learnt so far!

- Soccer Pendulums (Video Here)
- Toe Taps (Video Here)

Skill of the Week!

Week 4: Stepover Turn (Video Here)

Send in your videos to our social media team!

Game of the Week!

Week 4: USA vs Canada: Olympic Games Semi-Final 2012 (Video Here)

PLEASE FOLLOW US ON SOCIAL MEDIA AND SHARE VIDEOS!

Instagram: @southbronxunited Facebook: https://www.facebook.com/southbronxunited/
Twitter: @sbronxunited

Please find all other soccer plans and other COVID-19 resources on our website at: https://www.southbronxunited.org/covid19